

# Multi-level Child Mental Health Interventions in Azerbaijan

NCT06788028

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Chicago
<b>Enrollment</b>	1,200 participants

## Key Eligibility Criteria

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### Inclusion (7)

- The child is between ages 7 and 14;
- The child is at-risk for mental health problems as measured by one of the following criteria:
- Elevated child emotional behavioral problems as indexed by 'high' or 'very high' scores on the Strengths and Difficulties Questionnaire (SDQ, total difficulty score or any of the four difficulty subscales - emotional, conduct, hyperactivity, or peer problems); OR
- Parental risk factor - parental elevated emotional distress, as indexed by 'severe' or 'extremely severe' score on any of the DASS-21 subscales (DASS-21 Stress = 27; Anxiety = 15; or Depression = 15);
- The child and parent (or other primary caregiver) can commit to study participation.

... and 2 more (see full listing online)

### Exclusion (2)

- Participants will be excluded from participation in the study if the child, the parent or the participating caregiver is assessed to have a cognitive impairment that would interfere with their ability to provide informed consent. This will be assessed during the consent process. As part of the informed consent process, conducted through an Azeri speaking research assistant, potential participants will also be asked to state their understanding of areas addressed during the informed consent discussion including (1) the nature and extent of participation in the study; (2) risks involved with participation; and (3) the potential benefits of participation in the study. If a participant is unable to respond to any of the three items, this youth/caregiver pair will be excluded from the study.
- Children and parents will also be excluded if one of them has significant behavioral, and/or mental health impairment (e.g., development disorder, autism, psychosis, high symptoms of trauma or depression) that could interfere with either with their ability to benefit from the prevention program or to participate safely. Research Assistants will ask parents about any of these conditions during the screening process.

## Locations (2 total)

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National Mental Health Centre under the Ministry of Health, Baku, Azerbaijan, Azerbaijan  
Research and Education Center, Baku, Azerbaijan, Azerbaijan

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<https://clinicaltrials.gov/study/NCT06788028>

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