

Aerobic Exercise-induced Effect on Endothelial Function in Patients With Ischaemic Heart Disease

NCT06788275

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Instituto de Investigación Sanitaria y Biomédica de Alicante |
| Enrollment | 132 participants |

Key Eligibility Criteria

Inclusion (10)

- Men and women aged between 45 and 75 years.
- Diagnosed with acute myocardial infarction, unstable or stable angina.
- Treated with percutaneous coronary intervention, coronary artery bypass grafting, or conservative treatment.
- Event or intervention within 3 to 12 months prior to participation in the study.
- Fluency in speaking and reading Spanish.

... and 5 more (see full listing online)

Exclusion (30)

- Use of walking assistive devices.
- Treatment with chemotherapy for any type of cancer in the past 2 years.
- Hospitalisation in an intensive care unit in the past 6 months for reasons other than the ischaemic event.
- Acute myocardial infarction group IV Killip-Kimball.
- Obesity grade III (≥ 40.0 kg/m²).

... and 25 more (see full listing online)

Locations (2 total)

Instituto de Investigación Sanitaria y Biomédica de Alicante, Alicante, Alicante, Spain
Centro de Investigación del deporte, Elche, Alicante, Spain