

# Nasal vs Oral Breathing in Drug Induced Sleep vs Natural Sleep

NCT06789770

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**Status** RECRUITING  
**Sponsor** University of Pennsylvania  
**Enrollment** 50 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Adults (e 18yrs) that underwent clinical evaluation at the CPAP Alternatives Clinic at Penn Otorhinolaryngology.
- Must have at least mild OSA (AHI>5)

### Exclusion (2)

- Sleep study with an AHI<5, >25% of total events being central or mixed events, or inability to achieve adequate drug-induced sleep.
- Upper Respiratory Illness at the time of the DISE.

## Locations (1 total)

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Hospital at the University of Pennsylvania, Philadelphia, Pennsylvania, United States