

Everolimus and/or Exercise to Prevent Bone Loss in Postmenopausal Women

NCT06789900

Status	RECRUITING
Phase	Phase 2
Sponsor	Odense University Hospital
Enrollment	136 participants

Key Eligibility Criteria

Inclusion (3)

- Postmenopausal women aged 45-60 years old as evidenced by measuring serum levels of LH and FSH and absence of menstruation for at least 1 year.
- No history of low energy hip or vertebral fractures during the last 6 months.
- Ability to provide informed consent.

Exclusion (18)

- Diabetes (type 1 and 2)
 - Heart failure similar to NYHA Class IV
 - Primary hyperparathyroidism
 - Known disorders affecting bone metabolism, e.g., uncontrolled thyrotoxicosis, severe renal impairment (eGFR \leq 20) or liver function (baseline phosphatase higher than twice upper limit (105 U/L)), active rheumatic diseases, celiac disease, severe chronic obstructive lung disease (COPD), hypopituitarism, or Cushing's disease.
 - Previous use of bone antiresorptive or bone anabolic drugs within the last 5 years.
- ... and 13 more (see full listing online)

Locations (2 total)

Odense University Hospital, Odense, Denmark
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