

# Evaluation of Radically Open Dialectical Behavior Therapy for Youth At Risk for Developing Severe and Enduring Eating Disorders

NCT06792071

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Uppsala University Hospital
Enrollment	18 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Being 14-19 years old
- Primarily restrictive eating disorder symptoms that remain despite at least one previous treatment attempt.
- Problems related to maladaptive overcontrol
- Written informed consent (for minors, this includes consent from all caregivers and the minors themselves).

### Exclusion (3)

- Eating disorders symptoms in need of emergency care
- High risk for suicide
- An inability to respond to the questionnaires or participate in the skills class, e.g., due to lack of knowledge in Swedish.

## Locations (1 total)

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Uppsala University Hospital, Uppsala, Sweden