

# Effectiveness of Self-posturotherapy on the Elimination of Residual Fragments After Treatment of Lower Calyx Urinary Stones by Extracorporeal Lithotripsy or Retrograde Flexible Ureteroscopy.

NCT06793540

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	GCS Ramsay Santé pour l'Enseignement et la Recherche
<b>Enrollment</b>	216 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Patient having read and signed the consent form for participation in the study • Patient candidate for an intervention on a lower calyx stone <15mm by LEC or URSS
- Patients meeting all of the following criteria may be definitively included in the study:
- Patient treated by LEC, or patient treated by URSS and for whom the presence of lower calyceal fragments has been observed by endoscopy
- Absence of JJ stent (patients for whom a JJ stent was implanted after URSS or before LEC may be included as soon as it is removed)

### Exclusion (13)

- Patients presenting one of the following criteria will not be included in the study:
  - Renal or ureteral malformation: ureteral stenosis, pyelo-ureteral junction syndrome, horseshoe kidney, para calyceal diverticulum, pelvic kidney.
  - LEC session interrupted due to treatment intolerance
  - Physical disability making posturotherapy impossible (particularly spinal, etc.), morbid obesity, major gastroesophageal reflux, heart or respiratory failure.
  - Balance disorder which would not allow self-posturotherapy to be carried out alone.
- ... and 8 more (see full listing online)

## Locations (2 total)

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Hôpital Edouard Herriot -, Lyon, France  
Clinique La Croix du Sud, Quint-Fonsegrives, France