

Wellbeing and Resilience Among 1-3 Years Old Children of Mothers with Complex Mental Health Problems: a Pragmatic Clinical Trial of Online VIPP-SD Vs. Care As Usual

NCT06795347

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Southern Denmark
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (4)

- child age 1 year, 0 months until 3 years, 0 months
- living with their mother in the Region of Southern Denmark
- mother has a mental disorder (Schizophrenia ICD-10: F20-29, Bipolar disorder ICD-10: F30-31, Moderate to severe depression ICD-10: F32-33 or Emotionally unstable personality disorder F60.3) verified in the Danish National Hospital Register-Psyk/the Danish Psychiatric Central Research Register or by a clinician at the mental health services via the patient record
- mother has had at least one in- or outpatient contact with mental health services within 12 months before birth of the child or during the child's lifetime verified in the Danish National Hospital Register or by a clinician at the mental health services via the patient record

Exclusion (9)

- current in-patient status of the mother
- current substance or alcohol abuse of the mother
- mother has insufficient knowledge of Danish (interpreter required)
- repeated intrauterine exposure to euphorians or large amounts of alcohol (e5 units per time or e7units per week) of the child
- known syndrome or autism spectrum disorder of the child
- ... and 4 more (see full listing online)

Locations (1 total)

Research Unit of Child and Adolescent Psychiatry, Mental Health Services in the Region of Southern Denmark, Odense C, Region Syddanmark, Denmark