

Instrument Assisted Soft Tissue Mobilization Versus Myofascial Release in Patients With Chronic Non-Specific Low Back Pain

NCT06796881

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Cairo University |
| Enrollment | 66 participants |

Key Eligibility Criteria

Inclusion (2)

- Patients with chronic non-specific low back pain for more than 3 months.
- Age between 25-45 years.

Exclusion (6)

- Patients who have serious spinal pathologies, such as fractures, tumors or inflammatory diseases (such as ankylosing spondylitis)
- Patients who have nerve root compromise, disk herniation, spondylolisthesis with neurological involvement, or narrowing of spinal canal
- Pregnant women
- Cancer patients .
- Lower limb injuries.

... and 1 more (see full listing online)

Locations (1 total)

the Outpatient Clinic of the Police Authority Hospital, Cairo, Egypt