

Reducing Disparities in Urinary Control Symptoms for Minority Women

NCT06798311

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Chicago
Enrollment	80 participants

Key Eligibility Criteria

Inclusion (4)

- Age 18 years or older
- Able to converse in English
- A response of at least "somewhat bothered" by urinary incontinence, urinary frequency or urgency on the UDI
- Willing to engage in conservative treatment of their UI/LUTS for 16 weeks

Exclusion (6)

- Anterior or posterior pelvic organ prolapse beyond the hymen or apical prolapse to the hymen
- Currently taking medications for their UI/LUTS or history of surgical intervention for UI
- Patients with abnormal PVR and positive urine culture at time of study entry
- History of recurrent UTIs
- History of mobility or neurologic disorders that would prevent ability to complete at home physical therapy
- ... and 1 more (see full listing online)

Locations (2 total)

Northwestern University, Chicago, Illinois, United States
The University of Chicago, Chicago, Illinois, United States