

Pain Reprocessing Therapy in Post-Operative Knee Pain

NCT06800209

Status	RECRUITING
Phase	Phase 2
Sponsor	University of Colorado, Denver
Enrollment	110 participants

Key Eligibility Criteria

Inclusion (4)

- Patients are deemed eligible at 3 months post-operatively if: The patient completed a primary knee replacement [surgery completed without complication and patient exhibits full mechanical joint function, as determined by the treating physician (good range of motion, stability, and wound healing; absence of swelling)] and patient reports last week average knee pain e 4 of 20 and at least two questions rated 'moderate' on A 12-item shortened version (ShortMAC) of the Western Ontario and McMaster Universities Osteoarthritis Index (WOMAC).
- Reported pre-operative chronic knee pain of at least 6 months duration prior to surgery
- The procedure was a primary (not a revision) knee replacement
- Proficient in English

Exclusion (16)

- Patients who are not willing to participate in a telehealth visit.
- Patients with pre-op chronic pain but who do not have post-operative pain after the three month time period.
- Active suicidal ideation with intent, recent history of suicide attempt, or self-harm behaviors within the past 5 years (including non-suicidal self-harm).
- Recent history of inpatient psychiatric hospitalization within the past 5 years.
- Active, current psychosis or mania.

... and 11 more (see full listing online)

Locations (2 total)

University of Colorado Anschutz Medical Campus, Aurora, Colorado, United States
Hospital for Special Surgery, New York, New York, United States