

# Effect of Lactobacillus DSM17938+ on Functional Constipation and Intestinal Flora in Pregnant Women

NCT06802042

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Peking Union Medical College Hospital
Enrollment	40 participants

## Key Eligibility Criteria

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### Inclusion (9)

- (1) Pregnant women, age  $\geq 18$  years and  $< 40$  years old, and gestational age  $< 28$  weeks; (2) Must meet two or more of the following symptoms (Refer to the Roman IV standard):
- It is difficult to defecate at least 25% of the time;
- It is lumpy or hard stool at least 25% of the time;
- It is not enough to defecate at least 25% of the time;
- It is at least 25% of the time that there is anorectal obstruction or obstruction in defecation;
- ... and 4 more (see full listing online)

### Exclusion (1)

- (1) Non-pregnant women, age  $< 18$  years or  $\geq 40$  years old, and gestational age  $\geq 28$  weeks; (2) Constipation caused by intestinal and systemic organic factors, drugs and other reasons, or concurrent with other non-constipation intestinal diseases; (3) History of use of antibiotics, probiotics, prebiotics, etc. in the past 2 weeks; (4) Pregnant women with thyroid disease, diabetes, hypertension, obesity, overweight or any metabolic disease.

## Locations (2 total)

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Chinese Academy of Medical Science & Peking Union Medical College Hospital, Beijing, Beijing Municipality, China  
Wenzhou People's Hospital, Wenzhou, Zhejiang, China