

Exercise and Diet Effects in Reducing Cardiovascular Risk in Kidney Transplant Recipients

NCT06806670

Status	RECRUITING
Phase	Not Applicable
Sponsor	IRCCS Azienda Ospedaliero-Universitaria di Bologna
Enrollment	275 participants

Key Eligibility Criteria

Inclusion (6)

- Clinically stabilised male and female kidney transplant patients (assessment by the referring transplant centre)
 - Minimum age, 30 years;
 - Maximum age, 69 years;
 - Period since transplantation: from 6 months (subject to clinical stability being achieved) to 10 years;
 - Organ function: eGFR (CKD-EPI formula) ≥ 30 mL/min/1.73m² ;2
- ... and 1 more (see full listing online)

Exclusion (12)

- Patients unable to follow the prescription,
 - Recent acute cardiovascular event (< 2 months),
 - Unstable angina,
 - Hyperkinetic/hypokinetic arrhythmias not controlled by therapy, and with signs of haemodynamic impairment,
 - Severe aortic stenosis,
- ... and 7 more (see full listing online)

Locations (1 total)

IRCCS Azienda Ospedaliero-Universitaria di Bologna, Bologna, BO, Italy