

# A LONGITUDINAL OBSERVATIONAL STUDY to EVALUATE the EFFICACY of MOVEMENT and IMPLEMENT CONCRETE MOVEMENT RECOMMENDATIONS with the HELP of MOBILITY TRACKING with SMARTWATCHES in SUBJECTS with AXIAL SPONDYLOARTHRITIS

NCT06807853

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**Status** RECRUITING  
**Sponsor** University of Bonn  
**Enrollment** 50 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Patients with Axial Spondyloarthritis
- Patients do must have an own iPhone due to software reasons
- do must be willing and able to wear a Smartwatch
- do must be able to regularly fill out the PROs at home

### Exclusion (3)

- no iphone
- no physical or mental Ability to wear a Smartwatch
- no physical or mental Ability to regularly fill out the PROs at home

## Locations (1 total)

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University Hospital, Department for Rheumatology, Bonn, North Rhine-Westphalia, Germany