

COntrolateral CorticoSTERoid Injection in Total Knee Arthroplasty

NCT06809998

Status	RECRUITING
Phase	Phase 1, Phase 2
Sponsor	Unity Health Toronto
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (9)

- Patients 18 years of age and older
- Primary osteoarthritis diagnosis with indication for primary elective unilateral TKA
- No previous contralateral knee injections (steroids/biologics) within one year of study
- Not scheduled for bilateral TKA or a subsequent staged contralateral TKA within the next six months
- No previous or active infection or trauma (osseous/ligamentous/extensor mechanism) on the contralateral knee
- ... and 4 more (see full listing online)

Exclusion (6)

- Other aetiologies of OA that warrants TKA (inflammatory or post traumatic arthritis)
- Cognitive impairment (dementia, Alzheimer's, uncontrolled delirium) which will prevent patients from completing primary outcome measure or comply with follow-up requirements
- Previous TKA or ORIF or nailing on either knee
- Previous or active knee infection or extensor mechanism disruption
- Previous arthroscopy on either knee
- ... and 1 more (see full listing online)

Locations (1 total)

St. Michael's Hospital, Toronto, Ontario, Canada