

Effects of Tirzepatide on Muscle and Vascular Health in Obese Older Adults

NCT06811324

Status	RECRUITING
Phase	Phase 2
Sponsor	The University of Texas Health Science Center at San Antonio
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (5)

- Men and postmenopausal women aged 50 years or older.
- Body Mass Index (BMI) ≥ 30 kg/m².
- Untreated HbA1c $\leq 6.5\%$ at baseline.
- Willingness and ability to comply with all study procedures, including fasting requirements for certain visits.
- Able to provide informed consent and participate in all study assessments.

Exclusion (14)

- Active diagnosis of type 2 diabetes mellitus (T2DM), defined by active use of glucose-lowering medications or hemoglobin A1c $\geq 6.5\%$.
- Body Mass Index (BMI) ≥ 40 kg/m².
- Moderate to severe gastroesophageal reflux disease based on patient history.
- Inability to comply with the treatment protocol or to understand the consent form.
- Chronic Kidney Disease (CKD) Stage 4.
- ... and 9 more (see full listing online)

Locations (1 total)

University of Texas Health Science Center at San Antonio, San Antonio, Texas, United States