

Effects of Exercise in Patients with Lipedema

NCT06811961

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ilke Keser
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (2)

- Having a diagnosis of Lipedema,
- Patients with Lipedema stage 1,2 and 3

Exclusion (4)

- Individuals with cardiopulmonary, rheumatic or neurological diagnoses that have symptoms severe enough to prevent participation in exercise,
- History of cancer, surgery or trauma that may affect the circulatory system,
- History of liposuction or orthopedic surgery within the last year,
- Individuals who cannot mobilize independently.

Locations (1 total)

Gazi University Faculty of Health Sciences, Ankara, Emek, Turkey (Türkiye)