

Psilocybin-Assisted Therapy for Physician Well-Being and Burnout

NCT06814522

Status	RECRUITING
Phase	Phase 1, Phase 2
Sponsor	University of California, San Diego
Enrollment	10 participants

Key Eligibility Criteria

Inclusion (6)

- UCSD faculty physician, aged 21-70. Volunteer faculty are not included
- Meets criteria for physician burnout
- Experiencing symptoms of burnout for >6 months
- Able to complete all required study visits
- Not previously diagnosed with a serious mental illness (including schizophrenia, bipolar disorder, and severe depression), or substance use disorder as confirmed in clinical interview

... and 1 more (see full listing online)

Exclusion (12)

- Previous inpatient psychiatric hospitalization(s)
- Previously diagnosed with a psychotic disorder (schizophrenia, schizoaffective disorder, or other psychotic spectrum disorder), bipolar spectrum disorder, personality disorder (borderline personality disorder, antisocial personality disorder, or other severe personality disorders), any severe psychiatric disorder.
- Exhibiting elevated suicide risk
- First degree family history of psychosis or bipolar disorder
- Prior exposure to psilocybin or other psychedelic compounds in the previous 10 years

... and 7 more (see full listing online)

Locations (1 total)

UC San Diego, San Diego, California, United States