

Validation of an Algorithm for the Diagnosis of Sarcopenic Obesity

NCT06815978

Status RECRUITING
Sponsor Elisa Giannetta
Enrollment 150 participants

Key Eligibility Criteria

Inclusion (2)

- BMI equal more than 30
- Caucasians

Exclusion (6)

- any disease or medication that can significantly affect body composition (eg.malignant diseases in the last 5 years, autoimmune diseases, neurological diseases, syndromic obesity),
- level of physical activity more than 3 METS
- alcohol intake more than 140g/wk for M and 70g/wk for F
- participation in a weight-reducing program (last 3 months),
- impossibility to perform DXA exam
- ... and 1 more (see full listing online)

Locations (1 total)

Azienda Policlinico Umberto I, Rome, RM, Italy