

Physical Exam, Static & Dynamic Ultrasound Assessment, & Treatment of Thoracolumbar Fascia (TLF) Mediated Low Back Pain

NCT06818175

Status	RECRUITING
Phase	Not Applicable
Sponsor	Edward Via Virginia College of Osteopathic Medicine
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (1)

- ALL 18-50 year olds with No Low Back Pain (LBP); Acute LBP (< 3 months); or Chronic LBP (> 3 months)

Exclusion (9)

- Allergy to ultrasound gel - relative, consider alternatives
- BMI: > 30
- Pregnancy or Breastfeeding: current or remote, within the past 6 months
- Spinal Surgery: history of lower thoracic or lumbar spine: within the past year, of more than a single level of hardware. (prior single level microdiscectomy, laminectomy, or fusion, that is stable for 1 year or greater is NOT excluded)
- Current Low Back Pain (LBP) or Injury: severe enough to 1) limits activities of daily living, 2) limits the ability to work to less than an 8-hour day, 3) unable to lie prone with a pillow under their abdomen/pelvis for 30-45 minute intervals
- ... and 4 more (see full listing online)

Locations (1 total)

Edward Via College of Osteopathic Medicine, Blacksburg, Virginia, United States