

Acceptance and Commitment Therapy Integrated Vestibular Rehabilitation (ACTIVE) RCT

NCT06819904

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Pittsburgh
Enrollment	250 participants

Key Eligibility Criteria

Inclusion (5)

- years of age
- Normal/corrected vision
- Diagnosed with mTBI per military clinical practice guidelines (CPGs) that occurred over 8 days prior to consent as determined by a multi-domain assessment performed by a licensed healthcare professional.
- Reported or observed signs of mTBI including loss of consciousness, amnesia, disorientation/confusion, dizziness, imbalance, memory problems, vomiting at the time of injury as determined by self-report.
- Positive for mTBI-related vestibular symptoms and/or impairments per a concussion common data elements (CDE) assessment. Participants must demonstrate a positive finding in at least one of the following tests: DVAT (≥ 2 lines lost), DNRS ($\geq 2/10$ score), VVAS (≥ 0 on 2 or more items), VOMS (≥ 2 score on VOR or VMS), mBESS (≥ 9 total errors), and CP-Screen (avg vestibular factor score ≥ 2 or single item = 3 severity)

Exclusion (7)

- History of vestibular disorder (e.g., benign paroxysmal positional vertigo, unilateral or bilateral vestibular hypofunction) as determined by patient self-report and/or by Physical Therapist exam.
- Exercise-induced dizziness as determined by the Physical Therapist exam.
- History of neurological disorder (e.g., epilepsy, multiple sclerosis) as determined by self-report.
- Cervical spine injury or dysfunction (i.e., limited range of motion; ROM) as determined by self-report.
- Previous moderate to severe TBI as determined by self-report.

... and 2 more (see full listing online)

Locations (2 total)

University of Pittsburgh Concussion Research Laboratory, Pittsburgh, Pennsylvania, United States
Intrepid Spirit Center, Carl R. Darnall Army Medical Center, Fort Hood, Texas, United States