

The THRIVE Study: Teaching Healthy Regulation in Individuals & Vulnerable Environments

NCT06821035

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of California, Irvine
Enrollment	210 participants

Key Eligibility Criteria

Inclusion (4)

- Youth ages 11-14 years who score in the High-Risk category (i.e., 4 or more ACEs) on the ACEs and Toxic Stress Risk Assessment Algorithm
- Has access to a smartphone and is willing to download applicable apps (95% of all adolescents have access to a smartphone)
- Youth who are able to speak and read in English
- Has a parent/guardian/primary caregiver (18 years or older) who is English- or Spanish-speaking and willing to participate in the intervention.

Exclusion (7)

- Youth who cannot speak and read in English
- Youth who report any alcohol or cannabis use within the last 14 days
- Youth currently enrolled in another family-based intervention (i.e., family therapy)
- Youth in acute distress who are in immediate need of care (e.g., imminent risk of harm to self or others, active psychosis)
- Youth who report their caregivers' home environment is unsafe to return to, have been deemed unsafe, or require supervised visits by the Department of Children and Family Services (DCFS)
- ... and 2 more (see full listing online)

Locations (1 total)

The Regents of the University of California, Irvine, Irvine, California, United States