

Chatbot Intervention to Reduce Common Digital Addictions, Sedentary Behaviors and Mental Distress Among Adolescents

NCT06821373

Status	RECRUITING
Phase	Not Applicable
Sponsor	Chinese University of Hong Kong
Enrollment	330 participants

Key Eligibility Criteria

Inclusion (4)

- Students at grades 5-6 in primary schools or grades 7-12 in secondary schools,
- Positive screening results of IGD and/or SMA) based on the validated screening tools
- Using smartphone or Internet on a daily base, 4) students' and parental consent,
- Chinese speaking.

Exclusion (1)

- Current use of any psychotropic medication.

Locations (1 total)

JC School of Public Health and Primary Care, The Chinese University of Hong Kong, Hong Kong, Hong Kong