

Investigating Changes in Premonitory Urges During Habit Reversal Training for Tics

NCT06825520

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Utah
Enrollment	6 participants

Key Eligibility Criteria

Inclusion (6)

- Participants who meet criteria for a DSM-5-TR diagnosis of a TD will be recruited to participate in this study. Participants will be eligible for the study if they
- present with at least three motor and/or vocal tics and are interested in receiving treatment,
- report experiencing a PU for each of their target tics with a minimum rating of a 4/8 on a subjective rating (i.e., the Urge Thermometer; Silverman \& Albano, 1996) for each tic,
- the targeted tics occur, on average, at least once per minute during a 10-minute direct observation,
- are between the ages of 8 and 17
- ... and 1 more (see full listing online)

Exclusion (4)

- the presence of any comorbid conditions that are considered a primary treatment concern and/or could interfere with study participation or treatment (i.e., unmanaged ADHD, OCD, anxiety),
- have previously engaged in CBIT or HRT for more than 2 sessions,
- a Yale Global Tic Severity Score of 40+ (or 20+ if they present with a primary motor or vocal tic disorder),
- suspected (based on clinical presentation) that the tics are better attributed to functional neurological symptom disorder per DSM-5-TR criteria (APA, 2022).

Locations (1 total)

University of Utah, Salt Lake City, Utah, United States