

Nicotine Patch Plus Nicotine Mouth Spray Versus Nicotine Reduction for Vaping Cessation

NCT06832098

Status	RECRUITING
Phase	Phase 3
Sponsor	University of Auckland, New Zealand
Enrollment	774 participants

Key Eligibility Criteria

Inclusion (8)

- Live in New Zealand.
 - Vape nicotine at least weekly (one or more days out of the past seven days).
 - Used to smoke (i.e. they have smoked tobacco regularly but not at all in the past six months) or have never smoked (i.e., they have never been a regular user of smoked tobacco, defined as less than 100 cigarettes in their lifetime).
 - Are aged e16 years.
 - Are motivated to quit vaping in the next eight weeks.
- ... and 3 more (see full listing online)

Exclusion (8)

- They have another person in their household currently enrolled in the study.
 - They smoke tobacco currently or were a recent regular user of tobacco.
 - They are enrolled in another vaping cessation programme/trial.
 - They self-report having had a serious cardiovascular event, or hospitalisation for a cardiovascular complaint, in the previous four weeks (e.g. stroke, myocardial infarction, unstable angina, cardiac arrhythmia, coronary artery bypass graft and angioplasty).
 - They self-report uncontrolled hypertension.
- ... and 3 more (see full listing online)

Locations (1 total)

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