

Which Model of Care is the Most Cost-effective in the Treatment of Musculoskeletal Disorders?

NCT06832852

Status	RECRUITING
Phase	Not Applicable
Sponsor	Laval University
Enrollment	369 participants

Key Eligibility Criteria

Inclusion (6)

- present with one of the four targeted MSKDs (low back pain, neck pain, anterior knee pain, rotator cuff-related shoulder pain).
 - have had pain for at least 6 weeks.
 - For low back pain (LBP): 1) non-specific LBP with or without radiation to the lower limbs, 2) minimal score of 15 on the ODI.
 - For neck pain : 1) non-specific neck pain with or without radiation to the upper limbs, 2) minimal score of 21 on the NDI.
 - For anterior knee pain : 1) anterior knee pain during walking, running or going up or down stairs, or during at least two activities among: kneeling, squatting, and resisted knee extension, 2) maximum score of 79 on the KOS-ADL.
- ... and 1 more (see full listing online)

Exclusion (11)

- Unavailable to participate during the 24 weeks of the study.
 - Do not understand French or English.
 - Diagnosis of rheumatoid, inflammatory or neurodegenerative diseases.
 - Received a corticosteroid injection in the previous 3 months.
 - Cognitive problems interfering (Mini-Mental State Examination e 24).
- ... and 6 more (see full listing online)

Locations (1 total)

Centre for interdisciplinary research in rehabilitation and social integration (Cirris), Québec, Quebec, Canada