

# Effects of Hydrotherapy on Unilateral Lower Extremity Lymphedema

NCT06839885

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Gaziosmanpasa Research and Education Hospital
<b>Enrollment</b>	52 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Patients with primary or secondary unilateral lower extremity lymphedema diagnosis
- Patients who have received at least 2 weeks of complex decongestive therapy in the past
- Patients who are cooperative with hydrotherapy treatments
- Patients who are willing to participate in the treatment
- Patients aged 18-75

### Exclusion (7)

- Patients who are unable to perform the evaluation parameters
- Patients with serious systemic diseases that may prevent exercise
- Patients who have had an injury and/or surgery in the last 6 months
- Conditions where hydrotherapy is contraindicated (severe fear of water, behavioral problems, shortness of breath at rest, incontinence, known chlorine allergy, open wound, acute systemic illness, epilepsy, tracheostomy, permanent drain, immunodeficiency)
- Patients with an active infection anywhere in the body

... and 2 more (see full listing online)

## Locations (1 total)

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GaziosmanpasaTREH, Istanbul, Turkey (Türkiye)