

Identifying Changes in Food Behaviors Associated With Beginning GLP-1 Medication

NCT06843512

Status	RECRUITING
Sponsor	Penn State University
Enrollment	25 participants

Key Eligibility Criteria

Inclusion (5)

- Adults (18+) with overweight or obesity (BMI \geq 25 kg/m²)
- Not currently taking an incretin-based medication at baseline
- Recently (within two weeks) prescribed a GLP-1, can be included if they have a obesity-related co-occurring condition (diabetes, hypertension, cardiovascular disease, dyslipidemia)
- Have had no prior diagnosis of cognitive or physical disability, dyslexia, or epilepsy.
- Fluent in English

Exclusion (7)

- Adults (18+) without overweight or obesity
- $<$ 18 years of age at time of testing
- Adults not taking a GLP-1 Medication
- Adults taking a compound GLP-1
- Adults on GLP-1 medication for longer than 2 weeks at baseline
- ... and 2 more (see full listing online)

Locations (1 total)

Health, Ingestive Behavior, and Technology Laboratory of Pennsylvania State University, State College, Pennsylvania, United States