

Effects of Otago and Gaze Stabilization Exercises on Balance, Gait and QOL in Elderly Stroke Patients

NCT06845709

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	46 participants

Key Eligibility Criteria

Inclusion (4)

- Had ischemic or haemorrhagic stroke d6 months
- Berg Balance Scale (BBS) score between 35 and 45
- Dynamic Gait Index score between 11 and 19
- Mini-mental status exam scores \geq 24

Exclusion (4)

- Participants with severe vision or hearing impairment
- Neurological disorders including epilepsy, Alzheimer's disease, vertigo, Parkinson disease, and stroke, muscular disorders which limit functional activity (OA, RA, etc)
- Medications that affect balance, severe cardiovascular conditions, recent lower limb injury or surgery
- Peripheral vestibular disorder

Locations (1 total)

Riphah International University, Islamabad, Fedral, Pakistan