

Effects of Adding Balneotherapy to a Physical Therapy Program in Patients with Chronic Lumbar Radiculopathy

NCT06846970

Status	RECRUITING
Phase	Not Applicable
Sponsor	Afyonkarahisar Health Sciences University
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (1)

- Patients aged between 18 and 75 years who have been diagnosed with chronic lumbar radiculopathy based on medical history, physical examination, clinical findings, lumbar MRI, and EMG results, and who present to the outpatient clinic for physical therapy without any contraindications for treatment, will be included in the study after obtaining their informed consent.

Exclusion (30)

- Patients with thermoregulation disorders or sensory deficits
- Patients with lesions that impair skin integrity
- Patients with decompensated heart failure
- Patients with advanced heart, liver, or kidney failure
- Patients with advanced, uncontrolled peripheral venous insufficiency

... and 25 more (see full listing online)

Locations (2 total)

Afyonkarahisar HSU, Afyonkarahisar, Afyonkarahisar, Central, Turkey (Türkiye)
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