

Efficacy and Safety of Vitamin D Supplementation in Pediatric Patients with Obesity

NCT06847373

Status	RECRUITING
Phase	Not Applicable
Sponsor	Coordinación de Investigación en Salud, Mexico
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (5)

- Male and female participants.
- Participants aged between 10 and 18 years.
- Obesity as defined by a Body Mass Index (BMI) in the >95th percentile according to the World Health Organization's age and sex-specific tables.
- Willingness to participate in the study.
- Residency in Mexico City.

Exclusion (5)

- Patients with comorbidities not attributable to obesity, such as chronic kidney disease, heart failure, liver cirrhosis, etc.
- Patients with Prader-Willi syndrome, Albright's hereditary osteodystrophy, Borjesson-Forsman-Lehmann syndrome.
- Patients currently taking vitamin supplements.
- Patients undergoing pharmacological treatment for obesity.
- Patients who already present insulin resistance and, although they have not previously received medication, are currently indicated for pharmacological treatment with metformin.

Locations (1 total)

Hospital Infantil de Mexico Federico Gomez, México, Mexico