

# Exploring the Potential Benefits of Probiotic Yogurt

NCT06847919

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	We care Probiotics Co., Ltd.
<b>Enrollment</b>	84 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Meet the Rome IV diagnosis criteria for chronic constipation;
- Patients who are able to understand clinical studies and are committed to complying with study requirements and procedures;
- Age 18-65. -

### Exclusion (10)

- Systemic (diabetes, autoimmune diseases, cancer), gastrointestinal or liver diseases known to be associated with alterations in the gut microbiota;
- Patients who are pregnant or lactating;
- have taken antimicrobials, probiotics, or drugs that inhibit stomach acid or gastrointestinal motility in the past 6 weeks;
- Patients who changed their diet type during the study;
- Patients who are allergic or intolerant to any component of the investigational product formulation;
- ... and 5 more (see full listing online)

## Locations (1 total)

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Suzhou Ninth People's Hospital Suzhou Ninth Hospital affiliated to Soochow University, Suzhou, Jiangsu, China