

# The Influence of Movement Velocity Biofeedback on Muscle Activation and Self Perception in Older Adults With Sarcopenia

NCT06853275

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Creighton University
Enrollment	60 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Community-dwelling older adults 60-95 years of age
- Physically independent
- Free of severe mental impairment
- Score 4 or greater on the SARC-F sarcopenia questionnaire

### Exclusion (3)

- Participated in a structured resistance training program in the last 12 months
- Had a lower extremity injury or surgical intervention within the past 6 months
- Have neuromuscular (i.e., Parkinson's Disease, Multiple Sclerosis), circulatory, or edema pathology

## Locations (1 total)

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Creighton University, Omaha, Nebraska, United States