

Patient's Database: Prepare for Your Surgery Program

NCT06857981

Status	RECRUITING
Sponsor	Pontificia Universidad Catolica de Chile
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (3)

- Patients referred to the Prepare for Your Surgery program
- Patients characterized as frail according to the Clinical Frailty Scale (score e 4), FRAIL scale or FRIED frailty phenotype or the clinical judgment of the referring surgeon, with at least 4 weeks to receive surgery
- Elective surgery to be performed at Hospital Clinico Red de Salud UC-Christus

Exclusion (3)

- Patients who will not undergo elective surgery at Hospital Clínico Red de Salud UC-Christus.
- Patients who require emergency surgery
- Patients who for various reasons cannot comply with the interventions proposed for this preparation.

Locations (2 total)

Pontificia Universidad Católica de Chile, Santiago, Santiago Metropolitan, Chile
Red de Salud UC Christus, Santiago, Chile