

# Study of the Effects of Time-Restricted Feeding on the Immune Function of Individuals With Obesity

NCT06858683

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Hospital Universitari Vall d'Hebron Research Institute
Enrollment	45 participants

## Key Eligibility Criteria

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### Inclusion (12)

- Patients with obesity
- Women
- Age 18-64 years
- Body mass Index between 40-50 kg/m<sup>2</sup>
- Scheduled bariatric surgery 10-12 weeks after the nutritional intervention
- ... and 7 more (see full listing online)

### Exclusion (14)

- Diabetes type I or II
- Major cardiovascular disease
- Pregnancy
- Medication that could affect the study outcomes (i.e. anti-inflammatory drugs, antibiotics, immunosuppressors)
- Use products intended for weight loss
- ... and 9 more (see full listing online)

## Locations (1 total)

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Vall Hebron Barcelona Hospital Campus, Barcelona, Spain