

NSAID Use for Treating Dysmenorrhea and Preventing Chronic Pelvic Pain (NSAID HEAL)

NCT06861920

Status	RECRUITING
Phase	Phase 4
Sponsor	Endeavor Health
Enrollment	600 participants

Key Eligibility Criteria

Inclusion (3)

- aged 18-35
- individuals who menstruate, with painful periods
- regular menstrual cycles (every 22-35 days)

Exclusion (31)

- presence of active pelvic or abdominal malignancies (primary or metastatic)
 - conditions associated with the absence of regular menses such as polycystic ovarian syndrome, pregnancy, or any current use of continuous hormonal medication or contraceptive
 - unable to read or comprehend the informed consent in English
 - presence of other diagnosed chronic back or pelvic pain conditions (including chronic back pain, fibromyalgia, bladder pain syndrome, irritable bowel syndrome, vulvar pain syndrome, and endometriosis-associated pelvic pain)
 - having another diagnosed/symptomatic chronic pain condition besides migraines with an average pain score $\geq 3/10$ in the last month when not consuming pain relievers, or that requires daily treatment with opioids (ex. hydrocodone, oxycodone, codeine, morphine, hydromorphone, tapentadol, tramadol) or neuromodulators (also known sometimes as antidepressants [ex. amitriptyline, nortriptyline, imipramine, duloxetine, milnacipran, venlafaxine]) or antiseizure medications [ex. topiramate, gabapentin, pregabalin, carbamazepine, lamotrigine])
- ... and 26 more (see full listing online)

Locations (1 total)

Endeavor Health, Evanston, Illinois, United States