

OGTT at Home Using CGM vs at the Clinic

NCT06862128

Status	RECRUITING
Phase	Not Applicable
Sponsor	Linköping University
Enrollment	75 participants

Key Eligibility Criteria

Inclusion (6)

- Prediabetes indicated by e2 of the following values, measured at separate occasions or through different analyses during the past 2 years:
 - \- Fasting venous plasma glucose e6.1 but d6.9 mmol/L
 - \- Non-fasting venous plasma glucose e7.8 but d11.0 mmol/L
 - \- HbA1c e39 but d47 mmol/mol
 - Access to a smart phone which is compatible with the CGM application and has working Bluetooth connectivity
- ... and 1 more (see full listing online)

Exclusion (12)

- T2D indicated by e2 of the following values, measured at different occasions or through different analyses:
 - \- Fasting venous plasma glucose e7.0 mmol/L
 - \- Non-fasting venous plasma glucose value e11.1 mmol/L
 - \- HbA1c e48 mmol/mol
 - Previous bariatric surgery e.g., gastric by-pass or gastric sleeve surgery
- ... and 7 more (see full listing online)

Locations (3 total)

Primary Health Care Center Bra Liv Rosenhälsan, Huskvarna, Jönköping County, Sweden
Primary Health Care Center Cityhälsan Centrum, Norrköping, Norrköping, Sweden
Primary Care Center Vårdcentralen Kärna, Linköping, Östergötland County, Sweden