

Effectiveness of Digital Intervention (HM4MH-app) on Perinatal Psychological Wellbeing

NCT06862193

Status	RECRUITING
Phase	Not Applicable
Sponsor	Karolinska Institutet
Enrollment	440 participants

Key Eligibility Criteria

Inclusion (1)

- (i) pregnant women attending a participating maternity health care centre who (ii) have access to their own mobile phone and BankID and is (iii) currently in gestational week 8-15 and (iv) is 18 years or older.

Exclusion (1)

- Previous psychotic disorder

Locations (4 total)

Region Jönköping, Jönköping, Sweden
Region Kalmar, Kalmar, Sweden
Region Skåne, Malmö, Sweden
... and 1 more locations