

A Clinical Study on the Effect of Discontinuing Alendronate in Postmenopausal Women With Osteoporosis After a Treatment Period Without Fractures

NCT06864130

Status	RECRUITING
Phase	Phase 4
Sponsor	Odense University Hospital
Enrollment	1,400 participants

Key Eligibility Criteria

Inclusion (5)

- Female
- Postmenopausal
- Current treatment with Alendronate
- Alendronate treatment ≥ 3 år AND no fracture OR
- Alendronate treatment ≥ 5 år AND latest low energy fracture ≥ 3 years ago

Exclusion (8)

- T-score $\leq -3,5$ in hip (total hip or femoral neck) or lumbar spine
- Treatment with systemic glucocorticoids, ongoing or within 12 months
- Uncontrolled inflammatory disease
- Active malignancy
- eGFR ≤ 40 mL/min
- ... and 3 more (see full listing online)

Locations (7 total)

Aalborg University Hospital, Aalborg, Denmark
Bispebjerg Hospital, Copenhagen, Denmark
Esbjerg Og Grindsted Sygehus, Esbjerg, Denmark
... and 4 more locations