

Examination of the Effect of Nocturia on Pelvic Floor Symptoms, Sleep Parameters and Quality of Life in Women with Urinary Incontinence

NCT06866834

Status RECRUITING
Sponsor Gulhane School of Medicine
Enrollment 102 participants

Key Eligibility Criteria

Inclusion (7)

- Being 18 years of age or older
- Being female
- Have been diagnosed with urinary incontinence
- Wake up during the main sleep period to relieve the need to urinate, with the intention of returning to sleep or falling asleep again after each urination
- Being 18 years of age or older
- ... and 2 more (see full listing online)

Exclusion (31)

- Diagnosis of a sleep disorder
- Diagnosis of any neurological disease
- Chronic kidney disease
- Diagnosis of diabetes
- Use of sleep medications
- ... and 26 more (see full listing online)

Locations (1 total)

University of Health Sciences Gülhane Faculty of Physiotherapy and Rehabilitation, Ankara, Keçiören, Turkey (Türkiye)