

Effects of Recreational Soccer Training on Physical Fitness and Gross Motor Coordination in Prepubertal Boys and Girls

NCT06867679

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	70 participants

Key Eligibility Criteria

Inclusion (3)

- Children between age 7 to 9
- Flamingo balance test between 11-14
- Both genders

Exclusion (3)

- Presence of any chronic medical condition
- Children who are involved in other training program
- Having any physical disability or impairment

Locations (1 total)

CDGL Boys High School, Upper Mall, Lahore, Punjab Province, Pakistan