

Early Avocado Exposure on Development and the Gut Microbiome in American Hispanic Infants

NCT06876935

Status	RECRUITING
Phase	Not Applicable
Sponsor	Arizona State University
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (6)

- month-old Hispanic/Latine, non-preterm (>37 weeks gestation) singleton infants
- Infants born to mothers 18 years and older while pregnant
- Parents speak English and/or Spanish
- Families willing to begin feeding infants avocado around 6 months of age or when the infant is ready for solids for a total of 6 months
- Family history of food or latex allergies will be evaluated as avocado is a latex fruit and can cause allergic responses. If either mom or dad is allergic to avocado, physician clearance for infant participation will be needed.

... and 1 more (see full listing online)

Exclusion (5)

- Infants with growth, chromosomal, or genetic abnormality, developmental and cognitive impairments, or severe comorbidity that could impact growth and development
- Infants born with congenital abnormalities or developmental delays
- Infant birth weights <2500 g or >4000 g
- Infants introduced to solid foods prior to 3 months of age
- Biological mothers with known substance use during pregnancy (alcohol, tobacco, marijuana, or illegal drugs), or who experienced a high-risk pregnancy (e.g., preeclampsia, diabetes-Types 1 and 2 and gestational, HIV, etc.)

Locations (1 total)

College of Health Solutions, Phoenix, Arizona, United States

<https://clinicaltrials.gov/study/NCT06876935>

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