

Individualized Exercise Prescription With a Data-driven Approach in Individuals With Stroke

NCT06878677

Status	RECRUITING
Phase	Not Applicable
Sponsor	The Hong Kong Polytechnic University
Enrollment	52 participants

Key Eligibility Criteria

Inclusion (5)

- between 45 and 75 years old;
- have received a diagnosis of stroke more than six months earlier;
- able to walk 10 m independently;
- able to score at least 6 of 10 on the Abbreviated Mental Test;
- able to follow instructions and give informed consent.

Exclusion (2)

- any existing medical condition such as uncontrolled hypertension that hindered training or assessment;
- unable to offer consent due to impaired cognitive function.

Locations (1 total)

the Hong Kong Polytechnic University, Hksar, Hong Kong