

Increasing Lean Protein Intake in Preschool-age Children and Assessing Effects on Cognition and Select Health Outcomes

NCT06882252

Status	RECRUITING
Phase	Not Applicable
Sponsor	Sibylle Kranz, PhD, RDN
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (5)

- child 2-5 years old
- Parent participants:
 - Parents of at least one child aged 2-5 years old
 - Parents can communicate in English.
 - Parents in households who do not have a cultural/ religious reason to abstain from to consuming pork

Exclusion (8)

- Child participants:
- Food allergies
- Taking medication that affects food intake (such as stimulant medications),
- Children with diabetes or impaired glucose control.
- Children with digestive disease (such as Crohn's)
- ... and 3 more (see full listing online)

Locations (1 total)

University of Virginia, Charlottesville, Virginia, United States