

SMART to Optimize an Intervention to Maintain Health Improvements After Cardiac Rehabilitation

NCT06886789

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | The Miriam Hospital |
| Enrollment | 400 participants |

Key Eligibility Criteria

Inclusion (18)

- e18years of age or older
- Have completed at least 6 CR sessions
- Must enroll within 6 weeks of their final CR session
- BMI e27
- Own an internet-connected device
- ... and 13 more (see full listing online)

Exclusion (10)

- New York Heart Association Class IV heart failure
- Heart transplant in the last 5 months
- Left ventricular assist device in the last 4 months
- Physician diagnosis of dementia
- Physician prescription for 24 hours of oxygen therapy daily
- ... and 5 more (see full listing online)

Locations (1 total)

Weight Control and Diabetes Research Center of The Miriam Hospital, Providence, Rhode Island, United States