

Multicentric Case Series of Uniportal Endoscopic Posterior Cervical Decompression for Cervical Spinal Stenosis

NCT06886802

Status RECRUITING
Sponsor TecSalud Investigación Clínica
Enrollment 50 participants

Key Eligibility Criteria

Inclusion (5)

- Provision of informed consent to participate in the study.
- Patients with cervical canal stenosis grade I-III according to the Kang scale.
- Radicular or myelopathic symptoms.
- Having undergone complete conservative management, including physical therapy and analgesia, for at least 3 months.
- Patients who have opted for posterior uniportal endoscopic cervical decompression for cervical canal stenosis.

Exclusion (7)

- Inability to read or write.
- Prior cervical surgeries at the levels to be treated.
- Infectious symptoms or concomitant rheumatologic diseases.
- Criteria of cervical vertebral instability.
- Congenital spinal malformations.

... and 2 more (see full listing online)

Locations (1 total)

Hospital Zambrano Hellion, TecSalud, San Pedro Garza García, Nuevo León, Mexico