

# Cardiovascular and Endothelial Markers During OGTT Before and at Six and Twelve Months Post-treatment in Women With PCOS

NCT06889454

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**Status** RECRUITING  
**Sponsor** Attikon Hospital  
**Enrollment** 120 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Age  $\geq$  16 years old
- Diagnosis of PCOS according to Rotterdam criteria: presence of two of the three of the following:
- Clinical or biochemical hyperandrogenism
- Anovulation or oligo-ovulation
- Polycystic ovarian morphology (PCOM)
- ... and 2 more (see full listing online)

### Exclusion (7)

- Disorders with clinical presentation similar to PCOS: thyroid disease, hyperprolactinemia, and non-classic congenital adrenal hyperplasia (primarily 21-hydroxylase deficiency by serum 17-hydroxyprogesterone [17-OHP]), Cushing syndrome, acromegaly
- Treatment with contraceptive or metformin
- Type 2 diabetes mellitus
- Treatment for diabetes
- Pregnancy
- ... and 2 more (see full listing online)

## Locations (1 total)

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Attikon University General Hospital, Chaïdári, Greece