

Prevent Non-communicable Diseases Through Screening and Educating Emergency Department Attendees to Adopt Healthy Lifestyles

NCT06889792

Status	RECRUITING
Phase	Not Applicable
Sponsor	Chinese University of Hong Kong
Enrollment	1,172 participants

Key Eligibility Criteria

Inclusion (4)

- being aged e18 years old Chinese
- being triaged as semi-urgent (level 4) or non-urgent (level 5) and discharged home on the same day after receiving medical attention
- having at least one health risk behaviour (tobacco use, harmful alcohol consumption, unhealthy diet, and physical inactivity)
- owning a smartphone and having an ability to use instant messaging applications (e.g. WhatsApp or WeChat).

Exclusion (3)

- having a poor cognitive state or mental illness
- being diagnosed with NCDs and undergoing regular follow-ups in outpatient clinics
- participating in another related study

Locations (1 total)

The Nethersole School of Nursing, The Chinese University of Hong Kong, Hong Kong, Hong Kong