

Movement Performance in Persons With Chronic Back Pain

NCT06891625

Status	RECRUITING
Phase	Not Applicable
Sponsor	Karolinska Institutet
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (3)

- Persons who have either experienced continuous or recurring back pain for a period longer than 3 months). Back pain is defined as problems/discomfort from the spine Th1-S1 with associated costovertebral joints and sacroiliac joints, thus including both the lumbar spine and the thoracic spine. The area of pain extends from Th1 to the inferior gluteal fold but does not include the shoulder blades
- >18 years old,
- those who can speak and understand Scandinavian or English.

Exclusion (2)

- "red flags"
- persons with specific back problems, rheumatic inflammatory joint- and/or back diseases, fractures, diagnosed hip osteoarthritis, fibromyalgia, or neurological co-morbidity.

Locations (1 total)

Karolinska Institutet, Huddinge, Sweden