

Mechanism of Ketogenic Diet-Induced Hypercholesterolemia

NCT06894004

Status	RECRUITING
Phase	Not Applicable
Sponsor	Washington University School of Medicine
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (5)

- age ≥ 18 and < 40 years
- BMI ≥ 18.5 and < 25.0 kg/m²
- baseline serum LDL-c < 150 mg/dL (< 3.9 mmol/L)
- baseline serum TG < 100 mg/dL (< 1.1 mmol/L)
- HbA1c ≤ 5.6%.

Exclusion (11)

- personal or family history of familial hypercholesterolemia
- current use of lipid-lowering drugs
- currently on a ketogenic diet and unwilling to change diet
- current tobacco use
- hypertension
- ... and 6 more (see full listing online)

Locations (1 total)

Washington University School of Medicine, St Louis, Missouri, United States