

Effect of an Intervention Program of Adapted Physical Activity Combined With Compensatory Nutrition in Patients With Constitutional Thinness

NCT06894043

Status	RECRUITING
Phase	Not Applicable
Sponsor	Centre Hospitalier Universitaire de Saint Etienne
Enrollment	62 participants

Key Eligibility Criteria

Inclusion (5)

- Gender: Female
- BMI: ≤ 18.5 kg/m²
- Weight Stability: Stable weight for at least 3 months
- Age: 18 to 50 years old at the inclusion visit
- Diagnosed with Constitutional thinness

Exclusion (10)

- Pregnancy, Parturition, or Lactation
- Legal Restrictions: Individuals deprived of liberty, involuntarily hospitalized, or hospitalized for reasons other than research purposes, adults under legal protection (guardianship or curatorship) or unable to provide consent
- Eating Disorders: Individuals with eating disorders (DSM IV and 5 criteria)
- Excessive Alcohol Consumption: Consumption exceeding the equivalent of 10 glasses of wine per week
- Severe Progressive Conditions: Progressive severe conditions (e.g., diabetes)
- ... and 5 more (see full listing online)

Locations (1 total)

CHU de Saint-Etienne, Saint-Etienne, France, France